

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

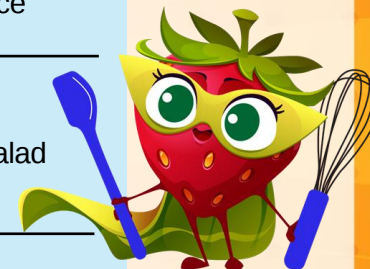


 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Forest Town

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Pizza Monday



Tuck In Tuesday

Roasty Toasty Feast Wednesday

Around the World Thursday

Fish Friday

Main

Meat Feast Pizza or Cheese and Tom Pizza

Served with Garlic Bread & Coleslaw

Hot Dog or Veggie Hot Dog

Served with Potato Wedges

Roast Turkey with Gravy or Quorn Roast with Gravy
Served with Cloudy Mash Mountains & Yorkshire Pudding

Beef Spaghetti Bolognaise or Magic Macaroni Cheese

Served with Baguette Slice

Fish Fingers or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

Seasonal Veg/Salad

Crunchy Carrot and Cucumber Batons or Crispy Fresh Salad

Baked Beans or Fresh Salad



Crunchy Carrots / Broccoli Trees

Crunchy Carrots or Crispy Fresh Salad

Power Peas or Crispy Fresh Salad

Something Different

Jacket Potato with choice of filling (Cheese / Tuna)

Veggie Meatball Pasta Served with Baguette Slice & Crispy Fresh Salad

Cheese and Tomato Panini Served with Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna)

Ham or Cheese Sandwich served with Crispy Fresh Salad

Dessert

Chocolate Crispy Cakes Or Fresh Fruit Salad

Jam Drop Biscuit with Milk Or Fresh Fruit Salad

Apple Muffin Or Fresh Fruit Salad

Jelly and Fruit Or Fresh Fruit Salad

Marble Cake & Custard Or Fresh Fruit Salad



LUNCHTIME

Forest Town

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Main

Pizza Monday

BBQ Chicken Pizza or Cheese and Tom Pizza

Served with Garlic Bread & Coleslaw



Tuck In Tuesday

Beef Burger or Veggie Burger

Served with Diced Potatoes

Roasty Toasty Feast Wednesday

Roast Pork with Gravy or Quorn Roast with Gravy
Served with Cloudy Mash Mountains
Yorkshire Pudding

Crunchy Carrots / Broccoli Trees

Cheese and Tomato Panini Served with Crispy Fresh Salad

Chocolate Shortbread or Fresh Fruit Salad

Around the World Thursday

Chicken Curry served with flatbread & Rice
Veggie Mexican Fiesta Wraps Served with Rice

Sunshine Sweetcorn or Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna)

Iced Mandarin Sponge & Milk Or Fresh Fruit Salad



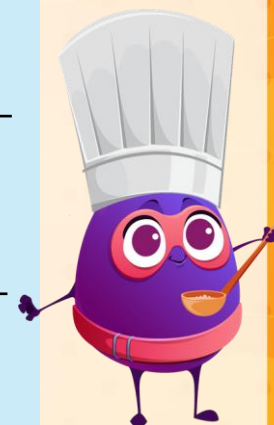
Fish Friday

Salmon Fish Fingers or Fishless Fingers
Served with Crispy Oven Chips & Tomato Sauce

Power Peas or Crispy Fresh Salad

Ham or Cheese Sandwich served with Crispy Fresh Salad

Iced Carrot and Pineapple Muffin and Milk Or Fresh Fruit Salad



Seasonal Veg/Salad

Carrot and Cucumber Batons or Crispy Fresh Salad

Baked Beans / or Crispy Fresh Salad

Something Different

Jacket Potato with choice of filling (Cheese / Tuna)

Mascarpone Pasta Served with Baguette Sliced & Crispy Fresh Salad

Dessert

Oaty Cookies Or Fresh Fruit Salad

Corn Flake Tart & Custard Or Fresh Fruit Salad



LUNCHTIME

Forest Town

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Pizza Monday

Main

Ham Pizza or
Cheese and
Tomato Pizza

Served with Garlic
Bread and Coleslaw

Seasonal Veg/Salad

Carrot and Cucumber
Batons or Crispy Fresh
Salad

Something Different

Tomato and Basil
Pasta Served
Baguette Slice

Dessert

Flapjack and
Raisins
Or Fresh Fruit
Salad

Tuck In Tuesday

Homemade
Pork Sausage
Roll or Cheese
Snack

Served with Potato
Wedges

Baked Beans or
Crispy Fresh
Salad

Jacket Potato
with choice of filling
(Cheese / Tuna/
Beans)

Ice Cream &
Fruit
Or Fresh Fruit
Salad

Roasty Toasty Feast Wednesday

Roast Chicken with
Gravy or Veggie
Sausage with Gravy
Served with Cloudy
Mash Mountains
Yorkshire Pudding

Crunchy Carrots
/ Broccoli Trees

Cheese and Tomato
Panini Served With
Crispy Fresh Salad

Chocolate & Orange
Cookie
Or Fresh Fruit Salad

Around the World Thursday

BBQ Chicken or
BBQ Quorn

Served with
Flatbread & Rice

Sunshine Sweetcorn
or Crispy Fresh
Salad

Pizza Pasta Served
With Baguette &
Crispy Fresh Salad

Bakewell Muffin
& Milk
Or Fresh Fruit
Salad

Fish Friday

Breaded
Fish Portion
or Fishless Fingers

Served with
Crispy Oven Chips
& Tomato Sauce

Power Peas or
Fresh Salad

Ham or Cheese
Sandwich served with
Crispy Fresh Salad

Chocolate Fudge
Pudding & Custard
Or Fresh Fruit Salad

