

Nutrition Plan: F25

February 2025 extra menu items

Legend

- Contains
- ◐ May Contain
- Does Not Contain
- * No Information

| Group | Menu Item | Recipe Code | Sub Recipe Codes | Portion Size (g) | Carbohydrate Count | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame | Soya | Sulphur Dioxide and Sulphites | |
|---------|--|-------------|------------------|------------------|--------------------|--------|---------------------------|-------------|------|------|-------|------|----------|---------|------|---------|--------|------|-------------------------------|---|
| Mains | Beef & Bean Bolognese with Pasta | R00800 | R00800 | 123.39 | 5.55g | ○ | ● | ○ | ○ | ○ | ○ | ○ | ○ | ◐ | ○ | ○ | ○ | ○ | ◐ | ○ |
| VegMain | Cheese Snack | R00094 | R00094 | 78.13 | 17.13g | ○ | ● | ○ | ○ | ○ | ○ | ● | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| VegMain | Vegan fishless finger | R00805 | R00805 | 84.00 | 0.00g | ○ | ● | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| VegMain | Veggie Mince & Bean Bolognese with Fasta | R00801 | R00801 | 123.39 | 7.52g | ○ | ● | ○ | ○ | ○ | ○ | ○ | ○ | ◐ | ○ | ○ | ○ | ○ | ○ | ● |
| Dessert | Apple Sponge & Custard | R00803 | R00803 | 102.20 | 32.90g | ○ | ● | ○ | ● | ○ | ○ | ● | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| Dessert | Cornflake Tart | R00188 | R00188 | 67.60 | 37.85g | ○ | ● | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| Dessert | Jam Sponge & Custard | R00802 | R00802 | 71.60 | 33.92g | ○ | ● | ○ | ● | ○ | ○ | ● | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |